Thriver Zone Motivational Model™

Equip your organization with a unique, innovative curriculum to help victims of abuse take the critical "next-step" from ***survivor to thriver*** and reclaim their lives.

Free Introductory Webinar

90-minute FREE training available on ZOOM to assess your interest and shared desire to integrate the Thriver Zone Motivational Model™ into your program*and services.

Training may also be presented to a statewide or regional coalition of services or programs.

- Explore the Thriver Zone Motivational Model™ with Susan Omilian, an attorney who has worked for over fifty years as an advocate for victims of domestic violence and sexual assault.
- Learn how this unique and innovative model has been successfully used to help hundreds of survivors of abuse become thrivers — healthy, happy people with brilliant, productive futures.
- Discover how the model promotes Post-Trauma Growth (PTG) and clearly correlates with current research on the domains of recovery and healing for gender-based violence victims.

Benefits to Your Program* and Services or Coalition

Gain a clear understanding of the Thriver Zone Motivational Model™ and how it can enhance your work with survivors of domestic violence and sexual assault so that they can take the critical "next-step" from survivor to thriver — a healthy, happy person with a brilliant, productive future! Women who reclaim their lives in this way are less likely to return to an abusive relationship or suffer the long-term physical and psychological consequences of the violence and abuse they have experienced.

**** Programs include non-profit organizations and statewide/regional coalitions of agencies providing FREE or subsidized services to victims and survivors of domestic violence and sexual assault including crisis intervention, counseling and victim advocacy in a variety of settings – health and mental health clinics, prosecutors' offices, military, prisons and Indian tribal lands.***

REGISTER

Register at thriverzone.com/training

About the Facilitator

Susan M. Omilian JD is a nationally recognized expert who has advocated for fifty years to end violence against women. An attorney, motivational speaker and award-winning author, she is the originator and facilitator of *My Avenging Angel Workshops™* based on the idea that "living well is the best revenge." As the facilitator of the workshops since 2002, Susan has developed the Thriver Zone Motivational Model™ that has helped hundreds of women take the journey from survivor to thriver. She has presented her work at national and international conferences and to survivors, service providers, inmates, Indian tribes and the military. See more about Susan and her work at **thriverzone.com**.

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Webinars & Training Packages

The Thriver Zone Motivational Model™, developed over twenty years by attorney, author and motivational speaker, Susan Omilian has been shown to build the resiliency, self-esteem and self-determination of survivors of abuse and their children. Informed by Dr. Judith Herman's three stages of trauma recovery, the model is designed to enhance your organization's ability to deliver hope, healing, empowerment and a continuum of care to survivors of abuse.

Maggie's Legacy. After Susan's niece Maggie was killed in 1999 as a result of dating violence, Susan transformed the tragedy into an opportunity to help others move beyond abuse and violence as Maggie could not — and Maggie's legacy was born. Based on the idea that "living well is the best revenge," and described as "life changing," Susan's *My Avenging Angel Workshops™* have helped hundreds of women take the critical "next-step" from survivor to thriver and reclaim their lives.

Empower Your Organization. The Thriver Zone Motivational Model™ can help you explore, experience and integrate exciting new ideas and concepts into your program*, policies or services. They can help your organization achieve outcomes with individuals and groups in order to stabilize the lives of survivors emotionally, socially and financially after abuse (domestic violence, sexual assault, child abuse).

In the trainings, you will:

- Learn an innovative motivational model with proven success helping survivors reconnect to a part of themselves untouched by trauma.
- Identify ways that abuse survivors can vision a more hopeful future for themselves as "thrivers" using positive storytelling techniques and tools to quiet the Inner Critic, overcome limiting beliefs about themselves and set new goals to reclaim their lives.
- Explore a model to bridge service delivery gaps and build partnerships among service providers to help survivors stabilize their lives emotionally, socially and financially so as to not return to abuse or suffer long-term consequences.

3 Package Options for Your Program* and Services or Coalition

Free 90-Minute Webinar

FREE ZOOM training to assess interest in and desire to integrate the Thriver Zone Motivational Model™ into your program or agency.* May also be presented to a statewide or regional coalition of services or programs.*

Benefit: Gain a clear understanding of the model and how it adds value as the critical "next-step."

3-Month Foundational

Six engagements over three months led by Susan Omilian, creator of the Thriver Zone Motivational Model™ to see the model's potential integrated into your program* and services.

Benefit: Discover how to enhance your program* and services with tools that promote longer-term healing and recovery options for survivors!

6-Month Growth

A long-term engagement of up to twelve sessions with Susan Omilian to assess, plan and fully implement the Thriver Zone Motivational Model™ in your program,* services or coalition.

Benefit: Provide a fuller continuum of services to heal and empower survivors as thrivers!

Package pricing available upon request. Register at thriverzone.com/training.

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REGISTER