

# HAVE YOU BEEN ABUSED?

Get Started on a New Life with ...

## *My Avenging Angel Workshops™*

*“Living well is the best revenge.” George Herbert*

SPONSORED BY



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**CT Alliance for Victims of Violence  
& Their Families, Inc.**

FOR WOMEN WHO . . .

have been abused by domestic violence, sexual assault, sexual harassment, stalking, emotional abuse or verbal or physical assault, and, have left those abusive environments and desire to grow and change.

THIS WORKSHOP EMPOWERS WOMEN TO . . .

- \* **CONQUER** self doubt,
- \* **DISCOVER** hidden talents,
- \* **HEAL** their wounded spirit,
- \* **CREATE** a new future for themselves.

These are **FREE, VIRTUAL** on-line Workshops in **TWO** SESSIONS.

*(Please plan to attend both ZOOM sessions of each workshop.)*



**MY AVENGING ANGEL**  
*Living well is the best revenge*

**Advanced registration required.**

To register, please call

**1-855-442-4373**

or go on-line at

<https://bit.ly/registerworkshoponline>

*My Avenging Angel Workshops™ provide the critical “next step” for women to break cycle of violence and reclaim their lives.*

Saturday, October 5 and 12, 2024

**10:30 a.m. – 4:30 p.m. both days.**

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Saturday, November 2 and 9, 2024

**10:30 a.m. – 4:30 p.m. both days.**

Please indicate when you register which two-day workshop program you would like to attend.

You will receive a link to these ZOOM virtual sessions after you register.

**WORKSHOP LEADER Susan Omilian is an attorney, author and advocate for women. Contact Susan at 860-236-2401 or [susanom@comcast.net](mailto:susanom@comcast.net). Visit [www.myavengingangel.com](http://www.myavengingangel.com).**

*These workshops are dedicated to the memory of Susan’s niece, Maggie, 1980 - 1999.  
For more about Maggie and Susan’s work in her honor, visit [www.thriverzone.com](http://www.thriverzone.com).*

*These workshops are produced by Butterfly Bliss Productions LLC, owned & operated by Susan M. Omilian.*