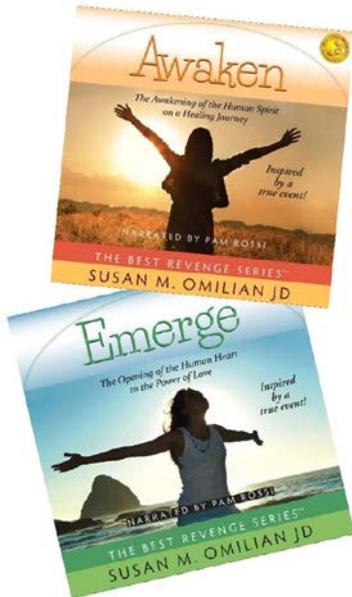


PRESS RELEASE

For Immediate Release, October 12, 2021

Local Author Marks Anniversary of Niece's Death with Launch of Her Audiobooks



Susan M. Omilian Maggie (1980 – 1999)

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Sunday, October 17th, Susan Omilian of West Hartford marks the 23rd anniversary of the death of her nineteen-year-old niece Maggie, killed by her ex-boyfriend on a college campus in Michigan in 1999.

To honor Maggie this year on that date, Susan will launch her new audiobooks, *Awaken: The Awakening of the Human Spirit on a Healing Journey* and *Emerge: The Opening of the Human Heart to the Power of Love*, both novels inspired by the true events of Maggie's murder.

"I decided to write about what happened to Maggie in a fictional story-telling format so that I could educate readers about the impact of violence, abuse and trauma on its victims."

Omilian says of her intent in writing the novels. "*Awaken* starts the story in 1999 with the murder

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on a college campus of a female student by her ex-boyfriend. *Emerge* continues the story ten years later and shows how healing and recovery is possible after abuse and trauma.”

The journey beyond abuse that the books chronicle is one that Omilian has been articulating for women through her workshops and books ever since Maggie’s death. “The characters and plots of *Awaken* and *Emerge* show the journey from victim to survivor to thriver,” Omilian explains. “As Maggie didn’t have the chance to survive or even thrive, I wanted my story to inspire other women to take that journey as Maggie could not.”

Empowering women to thrive after abuse is critical, Omilian adds. “Those who reclaim their lives in this way are less likely to return to an abusive relationship or suffer the long-term physical and psychological consequences of the violence and trauma they have experienced.”

The narrator of the new audiobooks is Pam Rossi, a voice-over artist from Detroit, Michigan who is also Susan’s cousin. They have collaborated to produce these audiobooks as the market for audiobooks globally has grown exponentially and will continue to do so with market size expected to go from \$3.3 billion in 2020 to \$15 billion by 2027.

An attorney and advocate to end violence against women for forty years, Omilian hopes that she’ll find a new audience in audiobook fiction readers who will be inspired to reclaim their own lives after domestic violence, sexual assault and child abuse. “I want my books in this new marketplace so that I can reach more readers with a message of healing and recovery after abuse,” Omilian says.

The two novels are part of Omilian’s *The Best Revenge Series™*, named for the idea that “living well is the best revenge.” It is an idea that has also inspired Susan’s free two-day workshops for women, the *My Avenging Angel Workshops™* she has conducted for women since 2001. Susan has published three non-fiction book which contain the motivational guidance she has used successfully with women in her workshops. Those books include *Entering the Thriver Zone: A Seven-Step Guide to Thriving After Abuse*, *Staying in the Thriver Zone: A Road*

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Map to Manifest a Life of Power and Purpose and Living in the Thrive Zone: A Celebration of Living Well as the Best Revenge.

The audiobook launch event is free and will be held virtually on ZOOM on Sunday, October 17 from 4 to 5:30 p.m. The audiobooks for both *Awaken* and *Emerge* are available for purchase on Audible, Amazon and iTunes.

For more info about this event and Susan’s work, visit www.ThriveZone.com.

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***Back cover description of Awaken:
The Awakening of the Human Spirit on a Healing Journey***

When nineteen-year-old Lacey Lockhart is killed by her possessive, controlling ex-boyfriend, she is trapped inside the body of Lisette La Tour, a straight-talking, no-nonsense stripper, wounded by childhood abuse who dances under the stage name of “Attila the Hunny.”

Lacey and Lisette share the spotlight on stage as well as on an urgent journey to avenge what has happened to them. *Awaken* is a gripping account of the awakening of the human spirit that will bring on healing and recovery set against a world of obsession, abuse, and abandonment.

***Back cover description of Emerge:
The Opening of the Human Heart to the Power of Love***

Ten years after the murder of Lacey Lockhart, Lisette LaTour revisits the college town where Lacey was shot and killed by her ex-boyfriend, Ari. No longer dancing under the name of Atilla the Hunny and adrift as to her career goals, Lisette longs to connect with something bigger and deeper in her life.

When Ambrose, the angry, homeless man she encountered a decade ago, proposes a scheme, Lisette senses danger. At what cost could she regain the kind of love she lost at the age of ten when her mother died? *Emerge* is a heartfelt story of the power of unconditional love that creates in the human heart a sense of home, togetherness and possibility.