

RESOURCES



As you read this book, you might find a need for the resources below. It is important to view violence and abuse seriously in a relationship and take care. Stay safe!

Crisis Intervention

For immediate crisis intervention services in your local community, contact:

- The National Domestic Violence Hotline 1-800-799-SAFE (7233) www.thehotline.org
- National Sexual Assault Hotline at 1-800-656-HOPE (4673) www.rainn.org
- National Center for Victims of Crime www.victimsofcrime.org/help-for-crime-victims
- Office for Victims of Crime, U.S. Department of Justice www.ovc.gov

Dating Violence and Stalking

- Break the Cycle: Empowering Youth to End Dating Violence www.breakthecycle.org
- Love Is Respect – National Teen Dating Abuse Help Line 1-866-331-9474 www.loveisrespect.org
- Stalking Resource Center www.victimsofcrime.org/our-programs/stalking-resource-center has a mission is to enhance the ability of professionals, organizations, and systems to effectively respond to stalking. It also offers resources on stalking to victims, how to identify stalking and deal with it through an online support group
- Women's Law.org www.womenslaw.org is a project of the National Network to End Domestic Violence, providing

legal information and support to victims of domestic violence, stalking, and sexual assault.

Domestic Violence

- National Network to End Domestic Violence (NNEDV) **www.nnedv.org** offers support to victims of domestic violence who are escaping abusive relationships and empowers survivors to build new lives.
- National Coalition Against Domestic Violence (NCADV) **www.ncadv.org** works closely with battered women's advocates around the country to identify the issues and develop a legislative agenda.
- **www.domesticshelters.org** Free, online, searchable database of domestic violence shelter programs nationally.
- National Resource Center on Domestic Violence (NRCDV) **www.nrcdv.org** is a source of information for those wanting to educate themselves and help others on the many issues related to domestic violence.

Sexual Assault

- RAINN — Rape, Abuse & Incest National Network **www.rainn.org** operates the National Sexual Assault Hotline and has programs to prevent sexual assault, help Victims, and ensure they receive justice.
- National Sexual Violence Resource Center **www.nsvrc.org** provides leadership in preventing and responding to sexual violence through creating resources and promoting research.
- The Victim Rights Law Center **www.victimrights.org** is dedicated solely to serving the legal needs of sexual assault victims. It provides training, technical assistance, and in some cases, free legal assistance in civil cases to sexual assault victims in certain parts of the country.

Child Abuse

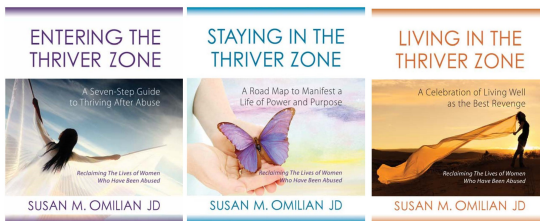
- Childhelp USA National Child Abuse www.childhelp.org directly serves abused and neglected children through the National Child Abuse Hotline, 1-800-4-A-CHILD® and other programs.

Post-Traumatic Stress

See information listed at National Institute of Mental Health website, www.nimh.nih.gov



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