

THRIVERZONE

Butterfly Bliss Productions LLC ~ West Hartford, Connecticut ~ www.ThriverZone.com



Susan Omilian JD, a nationally recognized expert has worked extensively as an advocate to end violence against women. An attorney, author and motivational speaker, she has spent the past forty years in efforts to help women who have been abused reclaim their lives.

In the 1970s, she founded a rape crisis center and represented battered women in divorce proceedings in the early 1980s. She also litigated sex discrimination cases including helping to articulate the legal concept that made sexual harassment illegal in the 1990s.

With the death of her nineteen-year-old niece Maggie who was shot and killed in October, 1999 by her ex-boyfriend, Susan's work on behalf of women became more personal and immediate. She vowed to help other women move on after abuse and create a new life for themselves and their children as Maggie could not.

She is the originator and facilitator of *My Avenging Angel Workshops™* based on the idea that "living well is the best revenge." Her workshops have helped hundreds of women since 2001 take the journey beyond abuse from victim to survivor to thriver. The motivational guidance Susan has successfully used in her unique and innovative work is contained in her non-fiction books in *The Thriver Zone Series™*. With easy-to-use worksheets, interactive exercises and thriver success stories, *Entering the Thriver Zone* was published in 2016, *Staying in the Thriver Zone* in 2018 and *Living in the Thriver Zone*, will be released in 2020. The story in her fiction books in *The Best Revenge Series™* was inspired by a true event, the murder of her niece Maggie, and include *Awaken* published in 2017, *Emerge* in 2018 and *Thrive* coming in 2021.

Susan is the author of several books on sex discrimination law and her articles have regularly appeared in newspapers and journals including *The Voice: The Journal of the Battered Women's Movement* of the National Coalition Against Domestic Violence (NCADV). She speaks frequently to women who have survived abuse as well as to those who work with them – victim advocates with National Organization of Victims Assistance (NOVA), inmate populations, and Indian tribes.

Susan holds a law degree from Wayne State University in Detroit and a BA in journalism from the University of Michigan. She currently lives in West Hartford, Connecticut.

Susan's Personal Mission Statement

"I am a woman of power whose mission in life is to be a catalyst for change for victims of violence against women. Today I celebrate my life by building a community of strong, independent, productive women who have survived abuse and are thriving in well-being, love and joy."