

# THRIVERZONE

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**Susan Omilian JD**, a nationally recognized expert has worked extensively as an advocate to end violence against women. An attorney, author and motivational speaker, she has spent the past forty years in efforts to help women who have been abused reclaim their lives.

In the 1970s, she founded a rape crisis center and represented battered women in divorce proceedings in the early 1980s. She also litigated sex discrimination cases including helping to articulate the legal concept that made sexual harassment illegal in the 1990s.

With the death of her nineteen-year-old niece Maggie who was shot and killed in October, 1999 by her ex-boyfriend, Susan's work on behalf of women became more personal and immediate. She vowed to help other women move on after abuse and create a new life for themselves and their children as Maggie could not.

Her newest efforts come with the publishing of *The Thriver Zone Series™* and *The Best Revenge Series™* for women, no longer victims, beyond survivors, now thrivers, on the brink of a new life. *Entering the Thriver Zone*, published in 2016 is followed by *Staying in the Thriver Zone* publishing in Oct 2018. *Awaken*, the first in the three-book fiction series was launched in the Summer 2017 with Book 2, *Emerge* coming Spring 2019.

She is the originator and facilitator of *My Avenging Angel Workshops™* which have helped hundreds of women since 2001 take the journey from victim to survivor to thriver. She is the author of several books on sex discrimination law and her articles have appeared in newspapers and journals including *The Voice: The Journal of the Battered Women's Movement* published by the National Coalition Against Domestic Violence (NCADV).

She speaks nationally on this topic to women who have been directly impacted by violence and abuse as well as to those who work with them – including victim advocates with National Organization of Victims Assistance (NOVA), inmate populations, and Indian tribe organizations.

Susan holds a law degree from Wayne State University in Detroit and a BA in journalism from the University of Michigan.

## **Susan's Personal Mission Statement**

*"I am a woman of power whose mission in life is to be a catalyst for change for victims of violence against women. Today I celebrate my life by building a community of strong, independent, productive women who have survived abuse and are thriving in well-being, love and joy."*