

# HAVE YOU BEEN ABUSED?

Get Started on a New Life with ...

## *My Avenging Angel Workshops*<sup>TM</sup>

*"Living well is the best revenge." George Herbert*

SPONSORED BY



**Domestic Violence  
Prevention Program**

SUPPORTED BY



**CT Alliance for Victims  
of Violence &  
Their Families, Inc.**

FOR WOMEN WHO . . .

have been abused by domestic violence, sexual assault, sexual harassment, stalking, emotional abuse or verbal or physical assault, and, have left those abusive environments and desire to grow and change.

THIS WORKSHOP EMPOWERS WOMEN TO . . .

- \* *CONQUER* self doubt,
- \* *DISCOVER* hidden talents,
- \* *HEAL* their wounded spirit,
- \* *CREATE* a new future for themselves.

**These are FREE Workshops in *TWO* PARTS.**

*(Please plan to attend both days. Bring a brown bag lunch!)*



**MY AVENGING ANGEL**  
*Living well is the best revenge*

**Advanced registration is required.**

To register, call Hartford Hospital  
Health Referral Service at  
**(860) 545-1888 or 1-800-545-7664**

*My Avenging Angel Workshops<sup>TM</sup> provide the critical "next step" for women to break permanently out of the cycle of violence and reclaim their lives.*

-- South Windsor – February 3 & 10, 2018

**Hartford Hospital Family Health Center Room 223**  
1559 Sullivan Ave., South Windsor, CT 06074

**10:30 a.m. – 4:30 p.m. both days.**

-- Wethersfield – March 3 & 10, 2018

**Hartford Healthcare Building**  
Hartford Hospital Education Space, Room 103  
1290 Silas Deane Highway, Wethersfield, CT 06109

**10:30 a.m. – 4:30 p.m. both days.**

*Directions on reverse side of flyer.*

**WORKSHOP LEADER Susan Omilian** is an attorney, author and advocate for women.  
Contact Susan at 860-236-2401 [susanom@comcast.net](mailto:susanom@comcast.net). Visit [www.myavengingangel.com](http://www.myavengingangel.com).

*These workshops are produced by Butterfly Bliss Productions LLC  
Owned and Operated by Susan M. Omilian*

*These workshops are dedicated to the memory of Susan's niece, Maggie, 1980 - 1999.  
For more about Maggie, visit [www.thriverzone.com](http://www.thriverzone.com).*

### **DRIVING DIRECTIONS TO HARTFORD HOSPITAL**

**Family Health Center, Suite 223  
1559 Sullivan Ave., South Windsor, CT 06074**

From I-84 going East: Take I-84 East to Exit 62 Buckland Street. At the bottom of the exit, turn left at the light onto Buckland Street. \*\* Continue on Buckland Street (which will eventually turn into Sullivan Ave. Route 194) through nine (9) traffic lights. After you pass the shopping center with CVS and Stop and Shop on the left, go through the next light at Ellington Road, and take an immediate left turn into the driveway right before the large white sign for "Hartford Hospital Family Health Center." (The first driveway is marked with "Do Not Enter" sign.

From I-84 Going West: Take Exit 60/62 and bear right to follow Exit 62/Buckland St. At the light, turn right. At next light, turn left onto Buckland Street. Proceed from \*\* above.

Parking: Free parking in front and around the building. For map and directions go to [www.harthosp.org/PatientVisitors/DirectionsParking/SuburbanLocations/SouthWindsor/default.aspx](http://www.harthosp.org/PatientVisitors/DirectionsParking/SuburbanLocations/SouthWindsor/default.aspx)

Entry: Enter front door from parking lot. Take elevator (to the right) or stairs (to the left) to second floor. Follow signs to Suite 223, at top of stairs, to left off the elevator.

### **DRIVING DIRECTIONS TO HARTFORD HEALTH CARE BUILDING**

**Hartford Hospital Education Space Room 103  
1290 Silas Deane Highway, Wethersfield, CT 06109**

From Hartford: Go South on Wethersfield Ave. and merge onto the Silas Deane Highway (CT- 99). Continue for about three miles and at the next traffic light after the light at Mill Road, turn left into the driveway of the high-rise building with mirrored windows and marked "Hartford Health Care." The building, immediately before Denny's, is across from Goff Brook Shops which include Planet Fitness, Chip's and Buffalo Wild Wings.

From Rocky Hill: Go North on Silas Deane Highway (CT-99). Pass under the I-91 highway, continuing through two traffic lights. At the third traffic light, \*\* turn right into the driveway of high-rise building with mirrored windows marked "Hartford Health Care." The building, immediately after Denny's, is across from Goff Brook Shops which include Planet Fitness, Chip's and Buffalo Wild Wings.

From East or West on I-84: Take I-84 to I-91 South; follow "From Points North" below.

From South: Take I-91 North to CT-99 exit # 24 towards Wethersfield/Rocky Hill. Keep right at the fork in the ramp. Merge onto CT-99/Silas Deane Hwy. At the fourth traffic light, proceed from \*\* above.

From North: Take I-91 South to CT-99 exit # 24 towards Wethersfield/Rocky Hill. Keep left at the fork and turn right at traffic light at bottom of the ramp onto CT-99/Silas Deane Hwy. At the third traffic light, proceed from \*\* above.

Parking/Entry: Free parking is available in area behind the building. Enter the building there. Go through doors, past elevators to "Hartford Hospital Education Space, Room 103."