

Biographical Statement for Susan M. Omilian, JD



Susan Omilian is nationally recognized expert, working extensively as an advocate to end violence against women. As an attorney, author, and motivational speaker she has spent the past forty years in her efforts to help abused women reclaim their lives.

In the 1970s, she founded a rape crisis center and represented battered women in divorce proceedings in the early 1980s. She also litigated sex discrimination cases including helping to articulate the legal concept that made sexual harassment illegal in the 1990s.

With the death of her nineteen-year-old niece Maggie who was shot and killed in October, 1999 by her ex-boyfriend, Susan's work on behalf of women became more personal and immediate. She vowed to help other women move on after abuse and create a new life for themselves and their children as Maggie could not.

Her newest efforts come with the publishing of ***Entering the Thriver Zone: A Seven-Step Guide to Thriving After Abuse***, the first in *The Thriver Zone Series*[™] for women, no longer victims, beyond survivors, now thrivers on the brink of a new life.

She is the originator and facilitator of *My Avenging Angel Workshops*[™] which have helped hundreds of women since 2001 take the journey from victim to survivor to thriver. She is the author of several books on sex discrimination law and her articles have appeared in newspapers and journals including *The Voice: The Journal of the Battered Women's Movement* published by the National Coalition Against Domestic Violence (NCADV).

Susan holds a law degree from Wayne State University in Detroit and a bachelor of arts degree in journalism from the University of Michigan. She is licensed to practice law in both Connecticut and Michigan.

Susan's Personal Mission Statement

"I am a woman of power whose mission in life is to be a catalyst for change for victims of violence against women. Today I celebrate my life by building a community of strong, independent, productive women who have survived abuse and are thriving in well-being, love and joy."

SHORT BIO

Susan M. Omilian is an attorney and author of *Entering the Thriver Zone: A Seven-Step Guide to Thriving After Abuse*. She is also a motivational speaker and nationally recognized expert who has worked to end violence against women for the last forty years. Her passion and enthusiasm for this work became more personal and immediate with her niece Maggie's violent death in 1999. Driven by a desire to help women move on after abuse, her work has been described as "life-changing" and as "a component for women recovering from abuse that has been virtually overlooked." Susan received her law degree from Wayne State University and a bachelor of arts degree from the University of Michigan.